







### Seasonal Spreadsheet Report

Times since: 01-Sep-16

Show Yards Only

<b>Bennett, Will</b>		<b>50</b>	<b>100</b>	<b>200</b>	<b>500</b>	<b>1000</b>	<b>1650</b>	<b>100</b>	<b>200</b>	<b>100</b>	<b>200</b>	<b>100</b>	<b>200</b>	<b>200</b>	<b>400</b>		
		<b>Free</b>	<b>Free</b>	<b>Free</b>	<b>Free</b>	<b>Free</b>	<b>Free</b>	<b>Back</b>	<b>Back</b>	<b>Breast</b>	<b>Breast</b>	<b>Fly</b>	<b>Fly</b>	<b>IM</b>	<b>IM</b>		
Gray vs Gold Rematch	Feb-16-17	25.15						1:06.51									
2017 CIA Winter Blues Buster	Jan-28-17		55.72	2:05.45	5:47.17												
SDMS Battle of the Ages Winter 2016_17	Jan-24-17	26.07			5:51.77			1:09.76									
SDMS Masters Distance Meet	Dec-12-16	26.05			5:56.61												
2016 Capital City Classic	Dec-09-16	25.97	56.21	2:05.61				1:10.71									
DMSF Fall Invitational	Nov-19-16	26.33	56.78	2:07.76				1:12.80									
Riptide Rams IMX IMR Challenge	Nov-12-16				5:57.18												
2016 CIA Fall Mixer	Oct-22-16	26.40	57.61					1:13.33									
<b>Benson, Erica</b>		<b>50</b>	<b>100</b>	<b>200</b>	<b>500</b>	<b>1000</b>	<b>1650</b>	<b>100</b>	<b>200</b>	<b>100</b>	<b>200</b>	<b>100</b>	<b>200</b>	<b>200</b>	<b>400</b>		
		<b>Free</b>	<b>Free</b>	<b>Free</b>	<b>Free</b>	<b>Free</b>	<b>Free</b>	<b>Back</b>	<b>Back</b>	<b>Breast</b>	<b>Breast</b>	<b>Fly</b>	<b>Fly</b>	<b>IM</b>	<b>IM</b>		
Gray vs Gold Rematch	Feb-16-17	29.62	1:04.77												2:43.48		
2017 CIA Winter Blues Buster	Jan-28-17	29.58	1:04.91									1:16.11			2:48.62		
SDMS Battle of the Ages Winter 2016_17	Jan-24-17	28.93	1:05.97														
SDMS Masters Distance Meet	Dec-12-16				6:43.42												
2016 Capital City Classic	Dec-09-16	29.40	1:04.90									1:16.11			2:45.64		
2016 CIML Metro Conference Champions	Oct-20-16	28.36										1:12.96					
RAILS against North	Oct-11-16									1:25.44							
RAILS against Indianola	Oct-06-16	28.58										1:11.77					
Hoover vs. Lincoln	Oct-04-16											1:08.48			2:45.10		
RAILS against Roosevelt	Sep-27-16	28.22										1:11.45					
2016 Pink in the Pool Invite	Sep-24-16											1:10.07			2:42.67		
RAILS at East	Sep-20-16	28.63										1:08.51					
RAILS against Ottumwa	Sep-13-16		1:05.10									1:09.93			2:43.27		
RAILS at Carroll	Sep-08-16											1:08.84			2:40.65		
RAILS against SE Polk	Sep-06-16	28.99										1:10.68			2:39.96		



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		50 Free	100 Free	200 Free	500 Free	50 Back	100 Back	200 Back	50 Breast	100 Breast	200 Breast	50 Fly	100 Fly	200 Fly	100 IM	200 IM	400 IM
<b>Brooks, Maggie</b>																	
Gray vs Gold Rematch	Feb-16-17	40.78	1:39.06						1:04.50								
SDMS Battle of the Ages Winter 2016_17	Jan-24-17					56.05									2:00.98		
SDMS Masters Distance Meet	Dec-12-16	48.66								2:44.25						4:53.16	
<b>Chase, Emma</b>																	
Gray vs Gold Rematch	Feb-16-17	31.38	1:09.50							1:26.50							
2017 CIA Winter Blues Buster	Jan-28-17		1:12.68	2:35.85						1:28.23							
SDMS Battle of the Ages Winter 2016_17	Jan-24-17	31.49	1:11.06							1:24.78							
2016 Capital City Classic	Dec-09-16	32.21	1:13.49							1:27.84							
DMPS Middle School Girls Metro Meet	Dec-05-16	34.66															
RAILS MS Girls against Roosevelt	Nov-21-16		1:13.04														
DMSF Fall Invitational	Nov-19-16		1:12.77							1:26.94							
LHS MS Girls against North MS Girls	Nov-07-16	33.01															
2016 CIA Fall Mixer	Oct-22-16		1:16.51							1:28.05							
<b>Chase, Will</b>																	
Gray vs Gold Rematch	Feb-16-17	30.22	1:06.60						41.07								
2017 CIA Winter Blues Buster	Jan-28-17	30.38		2:29.70					42.24								
SDMS Battle of the Ages Winter 2016_17	Jan-24-17	31.07	1:08.02						43.07								
SDMS Masters Distance Meet	Dec-12-16	31.10		2:26.97						1:32.60							
2016 Capital City Classic	Dec-09-16	30.15	1:07.57						42.85	1:33.65							
DMSF Fall Invitational	Nov-19-16	30.54	1:07.28							1:33.39							
2016 CIA Fall Mixer	Oct-22-16	31.48	1:10.18						42.76	1:35.49							
<b>Chicas, Julian</b>																	
Gray vs Gold Rematch	Feb-16-17	39.09	1:39.57			50.41											
SDMS Masters Distance Meet	Dec-12-16						2:14.76									4:34.74	



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<b>Crady, Grace</b>		<b>50</b>	<b>100</b>	<b>200</b>	<b>500</b>	<b>1000</b>	<b>1650</b>	<b>100</b>	<b>200</b>	<b>100</b>	<b>200</b>	<b>100</b>	<b>200</b>	<b>200</b>	<b>400</b>		
		<b>Free</b>	<b>Free</b>	<b>Free</b>	<b>Free</b>	<b>Free</b>	<b>Free</b>	<b>Back</b>	<b>Back</b>	<b>Breast</b>	<b>Breast</b>	<b>Fly</b>	<b>Fly</b>	<b>IM</b>	<b>IM</b>		
Gray vs Gold Rematch	Feb-16-17	29.03													2:46.46		
2016 Capital City Classic	Dec-09-16	29.58	1:03.40		6:14.84			1:17.43									
2016 CIML Metro Conference Champions	Oct-20-16			2:15.41	6:05.15												
RAILS against Indianola	Oct-06-16			2:16.40	6:08.09												
Hoover vs. Lincoln	Oct-04-16	29.19	1:02.25	2:18.02													
RAILS against Roosevelt	Sep-27-16			2:16.80	6:03.63												
2016 Pink in the Pool Invite	Sep-24-16			2:12.84	5:58.52												
RAILS at East	Sep-20-16			2:15.43	6:03.32												
RAILS against Ottumwa	Sep-13-16	28.47	1:01.06														
RAILS at Carroll	Sep-08-16			2:12.66	5:58.38												
RAILS against SE Polk	Sep-06-16			2:14.34	6:01.98												
<b>Crane, Jacelyn</b>		<b>50</b>	<b>100</b>	<b>200</b>	<b>500</b>	<b>50</b>	<b>100</b>	<b>200</b>	<b>50</b>	<b>100</b>	<b>200</b>	<b>50</b>	<b>100</b>	<b>200</b>	<b>100</b>	<b>200</b>	<b>400</b>
		<b>Free</b>	<b>Free</b>	<b>Free</b>	<b>Free</b>	<b>Back</b>	<b>Back</b>	<b>Back</b>	<b>Breast</b>	<b>Breast</b>	<b>Breast</b>	<b>Fly</b>	<b>Fly</b>	<b>Fly</b>	<b>IM</b>	<b>IM</b>	<b>IM</b>
Gray vs Gold Rematch	Feb-16-17	53.75				1:03.57			1:07.48								
SDMS Battle of the Ages Winter 2016_17	Jan-24-17	1:05.90				1:08.05											
<b>Daughenbaugh, Emily</b>		<b>50</b>	<b>100</b>	<b>200</b>	<b>500</b>	<b>1000</b>	<b>1650</b>	<b>100</b>	<b>200</b>	<b>100</b>	<b>200</b>	<b>100</b>	<b>200</b>	<b>200</b>	<b>400</b>		
		<b>Free</b>	<b>Free</b>	<b>Free</b>	<b>Free</b>	<b>Free</b>	<b>Free</b>	<b>Back</b>	<b>Back</b>	<b>Breast</b>	<b>Breast</b>	<b>Fly</b>	<b>Fly</b>	<b>IM</b>	<b>IM</b>		
2016 CIML Metro Conference Champions	Oct-20-16	31.43	1:11.14														
RAILS against Indianola	Oct-06-16		1:13.45														
Hoover vs. Lincoln	Oct-04-16		1:12.89														
RAILS against Roosevelt	Sep-27-16		1:13.89														
RAILS at East	Sep-20-16		1:18.27														
RAILS against Ottumwa	Sep-13-16		1:15.37														
RAILS at Carroll	Sep-08-16	32.39	1:14.82														
RAILS against SE Polk	Sep-06-16	33.96	1:13.55														
<b>De Meyer, Jack</b>		<b>50</b>	<b>100</b>	<b>200</b>	<b>500</b>	<b>50</b>	<b>100</b>	<b>200</b>	<b>50</b>	<b>100</b>	<b>200</b>	<b>50</b>	<b>100</b>	<b>200</b>	<b>100</b>	<b>200</b>	<b>400</b>
		<b>Free</b>	<b>Free</b>	<b>Free</b>	<b>Free</b>	<b>Back</b>	<b>Back</b>	<b>Back</b>	<b>Breast</b>	<b>Breast</b>	<b>Breast</b>	<b>Fly</b>	<b>Fly</b>	<b>Fly</b>	<b>IM</b>	<b>IM</b>	<b>IM</b>
SDMS Masters Distance Meet	Dec-12-16									2:13.25							





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<b>Douds, Samantha</b>		<b>50</b>	<b>100</b>	<b>200</b>	<b>500</b>	<b>50</b>	<b>100</b>	<b>200</b>	<b>50</b>	<b>100</b>	<b>200</b>	<b>50</b>	<b>100</b>	<b>200</b>	<b>100</b>	<b>200</b>	<b>400</b>
		<b>Free</b>	<b>Free</b>	<b>Free</b>	<b>Free</b>	<b>Back</b>	<b>Back</b>	<b>Back</b>	<b>Breast</b>	<b>Breast</b>	<b>Breast</b>	<b>Fly</b>	<b>Fly</b>	<b>Fly</b>	<b>IM</b>	<b>IM</b>	<b>IM</b>
Gray vs Gold Rematch	Feb-16-17	33.84				41.16						44.02			1:31.45		
2017 CIA Winter Blues Buster	Jan-28-17		1:13.78			41.41						42.09			1:30.29		
SDMS Battle of the Ages Winter 2016_17	Jan-24-17	34.42	1:19.79			41.93											
SDMS Masters Distance Meet	Dec-12-16												1:50.40			3:21.22	
2016 Capital City Classic	Dec-09-16		1:19.17			42.52											
DMSF Fall Invitational	Nov-19-16	35.85	1:18.43												1:32.77		
Riptide Rams IMX IMR Challenge	Nov-12-16		1:18.42														
2016 CIA Fall Mixer	Oct-22-16	36.59															
<b>Dougherty, Chloe</b>		<b>50</b>	<b>100</b>	<b>200</b>	<b>500</b>	<b>1000</b>	<b>1650</b>	<b>100</b>	<b>200</b>	<b>100</b>	<b>200</b>	<b>100</b>	<b>200</b>	<b>200</b>	<b>400</b>		
		<b>Free</b>	<b>Free</b>	<b>Free</b>	<b>Free</b>	<b>Free</b>	<b>Free</b>	<b>Back</b>	<b>Back</b>	<b>Breast</b>	<b>Breast</b>	<b>Fly</b>	<b>Fly</b>	<b>IM</b>	<b>IM</b>		
2016 CIML Metro Conference Champions	Oct-20-16	31.50								1:29.72							
RAILS against North	Oct-11-16									1:34.20							
RAILS against Indianola	Oct-06-16									1:32.67							
Hoover vs. Lincoln	Oct-04-16									1:36.35							
RAILS against Roosevelt	Sep-27-16	32.10								1:31.05							
RAILS at East	Sep-20-16	33.65								1:34.45							
RAILS against Ottumwa	Sep-13-16	35.94	1:20.02							1:35.34							
RAILS at Carroll	Sep-08-16		1:16.09							1:32.34							
RAILS against SE Polk	Sep-06-16									1:35.14							
<b>Dowling, Joselyn</b>		<b>50</b>	<b>100</b>	<b>200</b>	<b>500</b>	<b>50</b>	<b>100</b>	<b>200</b>	<b>50</b>	<b>100</b>	<b>200</b>	<b>50</b>	<b>100</b>	<b>200</b>	<b>100</b>	<b>200</b>	<b>400</b>
		<b>Free</b>	<b>Free</b>	<b>Free</b>	<b>Free</b>	<b>Back</b>	<b>Back</b>	<b>Back</b>	<b>Breast</b>	<b>Breast</b>	<b>Breast</b>	<b>Fly</b>	<b>Fly</b>	<b>Fly</b>	<b>IM</b>	<b>IM</b>	<b>IM</b>
Gray vs Gold Rematch	Feb-16-17		1:25.11												1:38.17		



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<b>Espinoza, Miguel</b>		<b>50</b>	<b>100</b>	<b>200</b>	<b>500</b>	<b>1000</b>	<b>1650</b>	<b>100</b>	<b>200</b>	<b>100</b>	<b>200</b>	<b>100</b>	<b>200</b>	<b>200</b>	<b>400</b>		
		<b>Free</b>	<b>Free</b>	<b>Free</b>	<b>Free</b>	<b>Free</b>	<b>Free</b>	<b>Back</b>	<b>Back</b>	<b>Breast</b>	<b>Breast</b>	<b>Fly</b>	<b>Fly</b>	<b>IM</b>	<b>IM</b>		
Gray vs Gold Rematch	Feb-16-17	25.92	56.42														
2017 IHSAA District Swimming-Indianola	Feb-04-17			1:55.51	5:23.16												
CIML Metro Conference Championship 20	Jan-21-17	25.62		1:58.86	5:27.04												
RAILS against Roosevelt_2016-17 Boys	Jan-19-17			1:58.87	5:26.55												
Indianola High School vs Lincoln High Sc	Jan-10-17	25.54		2:00.86	5:30.68												
RAILS at East	Dec-15-16	26.33		2:02.75	5:37.59												
RAILS against Carroll Boys 2016_17	Dec-13-16	26.37		2:02.71	5:39.84												
RAILS against Valley Boys 2016_17	Nov-22-16		57.97	2:04.07	5:48.71												
<b>Feuling, Olivia</b>		<b>50</b>	<b>100</b>	<b>200</b>	<b>500</b>	<b>50</b>	<b>100</b>	<b>200</b>	<b>50</b>	<b>100</b>	<b>200</b>	<b>50</b>	<b>100</b>	<b>200</b>	<b>100</b>	<b>200</b>	<b>400</b>
		<b>Free</b>	<b>Free</b>	<b>Free</b>	<b>Free</b>	<b>Back</b>	<b>Back</b>	<b>Back</b>	<b>Breast</b>	<b>Breast</b>	<b>Breast</b>	<b>Fly</b>	<b>Fly</b>	<b>Fly</b>	<b>IM</b>	<b>IM</b>	<b>IM</b>
2017 CIA Winter Blues Buster	Jan-28-17	33.19					1:23.45										1:25.24
SDMS Battle of the Ages Winter 2016_17	Jan-24-17	33.65	1:15.73			39.15											
SDMS Masters Distance Meet	Dec-12-16			2:41.00		40.37	1:24.46										
2016 Capital City Classic	Dec-09-16	32.65	1:10.66				1:20.35										1:26.22
Riptide Rams IMX IMR Challenge	Nov-12-16		1:10.92			38.47		45.41									
2016 CIA Fall Mixer	Oct-22-16	32.67	1:14.22			39.94		47.10									
<b>Filippelli, Nico</b>		<b>50</b>	<b>100</b>	<b>200</b>	<b>500</b>	<b>1000</b>	<b>1650</b>	<b>100</b>	<b>200</b>	<b>100</b>	<b>200</b>	<b>100</b>	<b>200</b>	<b>200</b>	<b>400</b>		
		<b>Free</b>	<b>Free</b>	<b>Free</b>	<b>Free</b>	<b>Free</b>	<b>Free</b>	<b>Back</b>	<b>Back</b>	<b>Breast</b>	<b>Breast</b>	<b>Fly</b>	<b>Fly</b>	<b>IM</b>	<b>IM</b>		
RAILS at East	Dec-15-16							1:33.01									
CIML Metro Conference Championship 20	Jan-21-17	30.66						1:24.87									
<b>Gardner, Domenic</b>		<b>50</b>	<b>100</b>	<b>200</b>	<b>500</b>	<b>1000</b>	<b>1650</b>	<b>100</b>	<b>200</b>	<b>100</b>	<b>200</b>	<b>100</b>	<b>200</b>	<b>200</b>	<b>400</b>		
		<b>Free</b>	<b>Free</b>	<b>Free</b>	<b>Free</b>	<b>Free</b>	<b>Free</b>	<b>Back</b>	<b>Back</b>	<b>Breast</b>	<b>Breast</b>	<b>Fly</b>	<b>Fly</b>	<b>IM</b>	<b>IM</b>		
2017 IHSAA District Swimming-Indianola	Feb-04-17											1:02.02		2:21.27			
CIML Metro Conference Championship 20	Jan-21-17											1:03.25		2:20.90			
RAILS against Roosevelt_2016-17 Boys	Jan-19-17											1:04.24		2:22.95			
Indianola High School vs Lincoln High Sc	Jan-10-17									1:19.30				2:28.59			
RAILS at East	Dec-15-16											1:07.97		2:30.77			
RAILS against Carroll Boys 2016_17	Dec-13-16													2:31.96			
RAILS against Valley Boys 2016_17	Nov-22-16									1:20.90				2:34.63			















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<b>Lackmann, Torin</b>		<b>50</b>	<b>100</b>	<b>200</b>	<b>500</b>	<b>1000</b>	<b>1650</b>	<b>100</b>	<b>200</b>	<b>100</b>	<b>200</b>	<b>100</b>	<b>200</b>	<b>200</b>	<b>400</b>		
		<b>Free</b>	<b>Free</b>	<b>Free</b>	<b>Free</b>	<b>Free</b>	<b>Free</b>	<b>Back</b>	<b>Back</b>	<b>Breast</b>	<b>Breast</b>	<b>Fly</b>	<b>Fly</b>	<b>IM</b>	<b>IM</b>		
Gray vs Gold Rematch	Feb-16-17	30.61								1:15.54				2:37.17			
2017 CIA Winter Blues Buster	Jan-28-17							1:17.88		1:16.92	2:48.56	1:14.57		2:40.22			
SDMS Battle of the Ages Winter 2016_17	Jan-24-17									1:16.18				2:42.58			
SDMS Masters Distance Meet	Dec-12-16										2:47.68				5:48.19		
2016 Capital City Classic	Dec-09-16	30.48	1:08.86							1:14.29	2:43.54			2:41.90			
DMSF Fall Invitational	Nov-19-16									1:14.84				2:41.35			
Riptide Rams IMX IMR Challenge	Nov-12-16			2:36.63				1:17.96		1:15.40	2:45.79	1:14.71		2:42.77			
2016 CIA Fall Mixer	Oct-22-16									1:17.74							
<b>Liedtke, Benjamin</b>		<b>50</b>	<b>100</b>	<b>200</b>	<b>500</b>	<b>50</b>	<b>100</b>	<b>200</b>	<b>50</b>	<b>100</b>	<b>200</b>	<b>50</b>	<b>100</b>	<b>200</b>	<b>100</b>	<b>200</b>	<b>400</b>
		<b>Free</b>	<b>Free</b>	<b>Free</b>	<b>Free</b>	<b>Back</b>	<b>Back</b>	<b>Back</b>	<b>Breast</b>	<b>Breast</b>	<b>Breast</b>	<b>Fly</b>	<b>Fly</b>	<b>Fly</b>	<b>IM</b>	<b>IM</b>	<b>IM</b>
Gray vs Gold Rematch	Feb-16-17	39.82	1:35.87														
SDMS Battle of the Ages Winter 2016_17	Jan-24-17	38.86	1:35.72														
SDMS Masters Distance Meet	Dec-12-16	40.99		3:39.04													
<b>Liedtke, Katie</b>		<b>25</b>	<b>50</b>	<b>100</b>	<b>200</b>	<b>25</b>	<b>50</b>	<b>100</b>	<b>25</b>	<b>50</b>	<b>100</b>	<b>25</b>	<b>50</b>	<b>100</b>	<b>100</b>	<b>200</b>	
		<b>Free</b>	<b>Free</b>	<b>Free</b>	<b>Free</b>	<b>Back</b>	<b>Back</b>	<b>Back</b>	<b>Breast</b>	<b>Breast</b>	<b>Breast</b>	<b>Fly</b>	<b>Fly</b>	<b>Fly</b>	<b>IM</b>	<b>IM</b>	
Gray vs Gold Rematch	Feb-16-17	19.65										27.73					
2017 CIA Winter Blues Buster	Jan-28-17	20.20		1:50.09			54.80										
SDMS Battle of the Ages Winter 2016_17	Jan-24-17	20.44	50.52														
SDMS Masters Distance Meet	Dec-12-16			1:55.83						1:37.60							
2016 Capital City Classic	Dec-09-16		48.97							1:38.81					2:28.97		
<b>Liedtke2, Katie</b>		<b>50</b>	<b>100</b>	<b>200</b>	<b>500</b>	<b>50</b>	<b>100</b>	<b>200</b>	<b>50</b>	<b>100</b>	<b>200</b>	<b>50</b>	<b>100</b>	<b>200</b>	<b>100</b>	<b>200</b>	<b>400</b>
		<b>Free</b>	<b>Free</b>	<b>Free</b>	<b>Free</b>	<b>Back</b>	<b>Back</b>	<b>Back</b>	<b>Breast</b>	<b>Breast</b>	<b>Breast</b>	<b>Fly</b>	<b>Fly</b>	<b>Fly</b>	<b>IM</b>	<b>IM</b>	<b>IM</b>
Gray vs Gold Rematch	Feb-16-17					56.54											
SDMS Battle of the Ages Winter 2016_17	Jan-24-17					54.44											
<b>Lingor, Adam</b>		<b>50</b>	<b>100</b>	<b>200</b>	<b>500</b>	<b>50</b>	<b>100</b>	<b>200</b>	<b>50</b>	<b>100</b>	<b>200</b>	<b>50</b>	<b>100</b>	<b>200</b>	<b>100</b>	<b>200</b>	<b>400</b>
		<b>Free</b>	<b>Free</b>	<b>Free</b>	<b>Free</b>	<b>Back</b>	<b>Back</b>	<b>Back</b>	<b>Breast</b>	<b>Breast</b>	<b>Breast</b>	<b>Fly</b>	<b>Fly</b>	<b>Fly</b>	<b>IM</b>	<b>IM</b>	<b>IM</b>
Gray vs Gold Rematch	Feb-16-17	44.33	1:37.74						53.91								
SDMS Battle of the Ages Winter 2016_17	Jan-24-17	44.96	1:46.44						56.87								
SDMS Masters Distance Meet	Dec-12-16			5:06.32			2:07.13			2:04.81							

















### Seasonal Spreadsheet Report

Times since: 01-Sep-16

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	25	50	100	200	25	50	100	25	50	100	25	50	100	100	200	
	Free	Free	Free	Free	Back	Back	Back	Breast	Breast	Breast	Fly	Fly	Fly	IM	IM	
<b>Rewarts, Luke</b>																
SDMS Battle of the Ages Winter 2016_17 Jan-24-17	26.31				26.43											
SDMS Masters Distance Meet Dec-12-16		1:04.01				1:07.00										
<b>Rewarts, Tyler</b>	50	100	200	500	50	100	200	50	100	200	50	100	200	100	200	400
	Free	Free	Free	Free	Back	Back	Back	Breast	Breast	Breast	Fly	Fly	Fly	IM	IM	IM
SDMS Battle of the Ages Winter 2016_17 Jan-24-17	38.19							51.40								
SDMS Masters Distance Meet Dec-12-16			3:13.91						1:51.68							
<b>Richardson, Natalie</b>	50	100	200	500	50	100	200	50	100	200	50	100	200	100	200	400
	Free	Free	Free	Free	Back	Back	Back	Breast	Breast	Breast	Fly	Fly	Fly	IM	IM	IM
Gray vs Gold Rematch Feb-16-17	58.61				1:14.07											
SDMS Battle of the Ages Winter 2016_17 Jan-24-17	1:00.80															
SDMS Masters Distance Meet Dec-12-16			5:21.23			2:29.13										
<b>Rorebeck, Kennedy</b>	50	100	200	500	50	100	200	50	100	200	50	100	200	100	200	400
	Free	Free	Free	Free	Back	Back	Back	Breast	Breast	Breast	Fly	Fly	Fly	IM	IM	IM
Gray vs Gold Rematch Feb-16-17	1:17.99				1:10.71											
SDMS Battle of the Ages Winter 2016_17 Jan-24-17	1:17.44				1:20.61											
SDMS Masters Distance Meet Dec-12-16						2:52.96										
<b>Salamanca, Sebastian</b>	50	100	200	500	50	100	200	50	100	200	50	100	200	100	200	400
	Free	Free	Free	Free	Back	Back	Back	Breast	Breast	Breast	Fly	Fly	Fly	IM	IM	IM
Gray vs Gold Rematch Feb-16-17	35.10	1:24.37			44.58											
SDMS Battle of the Ages Winter 2016_17 Jan-24-17	35.38				46.20			54.90								
<b>Santiago, Javier</b>	50	100	200	500	1000	1650	100	200	100	200	100	200	200	400		
	Free	Free	Free	Free	Free	Free	Back	Back	Breast	Breast	Fly	Fly	IM	IM		
Gray vs Gold Rematch Feb-16-17			2:00.66	5:33.09												
2017 IHSAA District Swimming-Indianola Feb-04-17				5:12.39									2:11.29			
CIML Metro Conference Championship 20 Jan-21-17		53.52		5:18.98			1:00.92									
RAILS against Roosevelt_2016-17 Boys Jan-19-17		54.53		5:19.57			59.81									
Indianola High School vs Lincoln High Sc Jan-10-17		54.91				1:01.55					59.94					
RAILS at East Dec-15-16	26.12	55.41		5:34.05									2:19.55			
RAILS against Carroll Boys 2016_17 Dec-13-16		56.42		5:37.24									2:17.55			
RAILS against Valley Boys 2016_17 Nov-22-16				5:35.70									2:20.56			



### Seasonal Spreadsheet Report

Times since: 01-Sep-16

Show Yards Only

		50	100	200	500	50	100	200	50	100	200	50	100	200	100	200	400
		Free	Free	Free	Free	Back	Back	Back	Breast	Breast	Breast	Fly	Fly	Fly	IM	IM	IM
<b>Shelley, Jack</b>																	
Gray vs Gold Rematch	Feb-16-17	49.63							1:02.30								
SDMS Battle of the Ages Winter 2016_17	Jan-24-17	53.76	2:03.33							2:22.15							
SDMS Masters Distance Meet	Dec-12-16			4:26.40						2:23.91							
<b>Sizemore, Ellie</b>		50	100	200	500	1000	1650	100	200	100	200	100	200	200	400		
		Free	Free	Free	Free	Free	Free	Back	Back	Breast	Breast	Fly	Fly	IM	IM		
Gray vs Gold Rematch	Feb-16-17	29.15	1:05.15		6:01.45												
2017 CIA Winter Blues Buster	Jan-28-17	28.82	1:03.91	2:17.81	6:06.38												
SDMS Battle of the Ages Winter 2016_17	Jan-24-17			2:21.80	6:08.27												
2016 Capital City Classic	Dec-09-16	29.51	1:03.58	2:18.69	6:01.55												
DMPS Middle School Girls Metro Meet	Dec-05-16		1:03.29	2:18.99													
RAILS MS Girls against Roosevelt	Nov-21-16	28.99	1:03.07														
DMSF Fall Invitational	Nov-19-16	29.09	1:03.99	2:16.54	6:02.07												
Riptide Rams IMX IMR Challenge	Nov-12-16			2:18.55	6:11.37												
2016 CIA Fall Mixer	Oct-22-16	29.28	1:06.02	2:21.83	6:19.27												
<b>Sizemore, Emma</b>		50	100	200	500	50	100	200	50	100	200	50	100	200	100	200	400
		Free	Free	Free	Free	Back	Back	Back	Breast	Breast	Breast	Fly	Fly	Fly	IM	IM	IM
Gray vs Gold Rematch	Feb-16-17		1:18.97			41.72			45.12								
2017 CIA Winter Blues Buster	Jan-28-17		1:18.03			42.23				1:35.99							
SDMS Battle of the Ages Winter 2016_17	Jan-24-17	37.01	1:19.09			44.64											
SDMS Masters Distance Meet	Dec-12-16						1:40.38										3:24.16
2016 Capital City Classic	Dec-09-16	36.45	1:18.16			44.77			44.36	1:40.58					1:32.50		
Riptide Rams IMX IMR Challenge	Nov-12-16					44.53			43.89	1:36.83					1:31.52		
2016 CIA Fall Mixer	Oct-22-16	36.25	1:19.43			46.38			45.03	1:39.81					1:32.19		
SDMS Battle of the Ages Winter 2016_17	Jan-24-17									1:40.26							
SDMS Masters Distance Meet	Dec-12-16										3:34.85						





### Seasonal Spreadsheet Report

Times since: 01-Sep-16

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<b>Urias, Sebastian</b>	<b>50 Free</b>	<b>100 Free</b>	<b>200 Free</b>	<b>500 Free</b>	<b>50 Back</b>	<b>100 Back</b>	<b>200 Back</b>	<b>50 Breast</b>	<b>100 Breast</b>	<b>200 Breast</b>	<b>50 Fly</b>	<b>100 Fly</b>	<b>200 Fly</b>	<b>100 IM</b>	<b>200 IM</b>	<b>400 IM</b>
Gray vs Gold Rematch Feb-16-17					51.25			1:00.27								
SDMS Battle of the Ages Winter 2016_17 Jan-24-17	49.89				57.37											
SDMS Masters Distance Meet Dec-12-16	56.97		4:27.64			2:13.67										
<b>Vande Kamp, Avry</b>	<b>50 Free</b>	<b>100 Free</b>	<b>200 Free</b>	<b>500 Free</b>	<b>50 Back</b>	<b>100 Back</b>	<b>200 Back</b>	<b>50 Breast</b>	<b>100 Breast</b>	<b>200 Breast</b>	<b>50 Fly</b>	<b>100 Fly</b>	<b>200 Fly</b>	<b>100 IM</b>	<b>200 IM</b>	<b>400 IM</b>
Gray vs Gold Rematch Feb-16-17	43.01															
SDMS Battle of the Ages Winter 2016_17 Jan-24-17	43.84															
<b>Vande Kamp, Jayda</b>	<b>50 Free</b>	<b>100 Free</b>	<b>200 Free</b>	<b>500 Free</b>	<b>50 Back</b>	<b>100 Back</b>	<b>200 Back</b>	<b>50 Breast</b>	<b>100 Breast</b>	<b>200 Breast</b>	<b>50 Fly</b>	<b>100 Fly</b>	<b>200 Fly</b>	<b>100 IM</b>	<b>200 IM</b>	<b>400 IM</b>
Gray vs Gold Rematch Feb-16-17	38.32															
SDMS Battle of the Ages Winter 2016_17 Jan-24-17	38.08				49.91											
<b>Virden, Reese</b>	<b>50 Free</b>	<b>100 Free</b>	<b>200 Free</b>	<b>500 Free</b>	<b>1000 Free</b>	<b>1650 Free</b>	<b>100 Back</b>	<b>200 Back</b>	<b>100 Breast</b>	<b>200 Breast</b>	<b>100 Fly</b>	<b>200 Fly</b>	<b>200 IM</b>	<b>400 IM</b>		
2017 IHSAA District Swimming-Indianola Feb-04-17											1:01.04					
CIML Metro Conference Championship 2017 Jan-21-17		1:00.19									1:02.58					
RAILS against Roosevelt_2016-17 Boys Jan-19-17		59.43									1:04.21					
Indianola High School vs Lincoln High School Jan-10-17	27.73	1:01.25									1:03.17					
RAILS at East Dec-15-16		1:02.10									1:04.61					
RAILS against Carroll Boys 2016_17 Dec-13-16		1:02.37									1:04.54					
RAILS against Valley Boys 2016_17 Nov-22-16	27.24	1:02.05									1:04.00					
<b>Ward, Diana</b>	<b>50 Free</b>	<b>100 Free</b>	<b>200 Free</b>	<b>500 Free</b>	<b>1000 Free</b>	<b>1650 Free</b>	<b>100 Back</b>	<b>200 Back</b>	<b>100 Breast</b>	<b>200 Breast</b>	<b>100 Fly</b>	<b>200 Fly</b>	<b>200 IM</b>	<b>400 IM</b>		
2016 CIML Metro Conference Champions Oct-20-16									1:23.63				2:46.65			
RAILS against Indianola Oct-06-16									1:25.79				2:52.50			
Hoover vs. Lincoln Oct-04-16									1:26.26							
RAILS against Roosevelt Sep-27-16		1:06.18											2:48.25			
2016 Pink in the Pool Invite Sep-24-16									1:25.27							
RAILS at East Sep-20-16									1:27.43				2:51.42			
RAILS against Ottumwa Sep-13-16	30.67										1:30.65					
RAILS at Carroll Sep-08-16		1:04.99							1:26.86							
RAILS against SE Polk Sep-06-16									1:26.92				2:56.91			



### Seasonal Spreadsheet Report

Times since: 01-Sep-16

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<b>Webster, Daniel</b>	<b>50 Free</b>	<b>100 Free</b>	<b>200 Free</b>	<b>500 Free</b>	<b>50 Back</b>	<b>100 Back</b>	<b>200 Back</b>	<b>50 Breast</b>	<b>100 Breast</b>	<b>200 Breast</b>	<b>50 Fly</b>	<b>100 Fly</b>	<b>200 Fly</b>	<b>100 IM</b>	<b>200 IM</b>	<b>400 IM</b>
SDMS Battle of the Ages Winter 2016_17 Jan-24-17	39.08							56.29								
SDMS Masters Distance Meet Dec-12-16			3:18.97													
<b>Webster, Derek</b>	<b>50 Free</b>	<b>100 Free</b>	<b>200 Free</b>	<b>500 Free</b>	<b>1000 Free</b>	<b>1650 Free</b>	<b>100 Back</b>	<b>200 Back</b>	<b>100 Breast</b>	<b>200 Breast</b>	<b>100 Fly</b>	<b>200 Fly</b>	<b>200 IM</b>	<b>400 IM</b>		
SDMS Battle of the Ages Winter 2016_17 Jan-24-17		1:10.51					1:18.42									
SDMS Masters Distance Meet Dec-12-16			2:30.87				2:48.48									
<b>Wendl, Kennedy</b>	<b>50 Free</b>	<b>100 Free</b>	<b>200 Free</b>	<b>500 Free</b>	<b>1000 Free</b>	<b>1650 Free</b>	<b>100 Back</b>	<b>200 Back</b>	<b>100 Breast</b>	<b>200 Breast</b>	<b>100 Fly</b>	<b>200 Fly</b>	<b>200 IM</b>	<b>400 IM</b>		
SDMS Battle of the Ages Winter 2016_17 Jan-24-17	34.28															
DMPS Middle School Girls Metro Meet Dec-05-16	35.09															
RAILS MS Girls against Roosevelt Nov-21-16	35.34															
Lincoln MS Girls at Hoover Nov-14-16	34.93															
LHS MS Girls against North MS Girls Nov-07-16	35.13															
<b>Whipple, Taylor</b>	<b>50 Free</b>	<b>100 Free</b>	<b>200 Free</b>	<b>500 Free</b>	<b>1000 Free</b>	<b>1650 Free</b>	<b>100 Back</b>	<b>200 Back</b>	<b>100 Breast</b>	<b>200 Breast</b>	<b>100 Fly</b>	<b>200 Fly</b>	<b>200 IM</b>	<b>400 IM</b>		
2016 Capital City Classic Dec-09-16		1:06.67					1:16.19		1:24.64							
2016 CIML Metro Conference Champions Oct-20-16									1:19.70				2:34.93			
RAILS against Indianola Oct-06-16									1:21.53				2:41.47			
Hoover vs. Lincoln Oct-04-16									1:22.59				2:43.69			
RAILS against Roosevelt Sep-27-16									1:21.48				2:42.23			
2016 Pink in the Pool Invite Sep-24-16									1:23.37				2:46.57			
RAILS at East Sep-20-16									1:23.46				2:48.08			
RAILS against Ottumwa Sep-13-16									1:24.75		1:24.46					
RAILS at Carroll Sep-08-16									1:23.38				2:49.20			
RAILS against SE Polk Sep-06-16									1:23.06				2:44.75			

### Seasonal Spreadsheet Report

Times since: 01-Sep-16

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<b>Whitehead, Tyler</b>	<b>50 Free</b>	<b>100 Free</b>	<b>200 Free</b>	<b>500 Free</b>	<b>1000 Free</b>	<b>1650 Free</b>	<b>100 Back</b>	<b>200 Back</b>	<b>100 Breast</b>	<b>200 Breast</b>	<b>100 Fly</b>	<b>200 Fly</b>	<b>200 IM</b>	<b>400 IM</b>		
2017 IHSAA District Swimming-IndianolaFeb-04-17										1:03.39						
CIML Metro Conference Championship 20Jan-21-17	25.50									1:05.54						
RAILS against Roosevelt_2016-17 Boys Jan-19-17	25.36									1:05.02						
Indianola High School vs Lincoln High ScJan-10-17	26.32									1:07.55						
RAILS at East Dec-15-16	25.50									1:08.30						
RAILS against Carroll Boys 2016_17 Dec-13-16	25.58									1:08.87						
RAILS against Valley Boys 2016_17 Nov-22-16	26.07									1:08.78						
<b>Whitlatch, Sam</b>	<b>50 Free</b>	<b>100 Free</b>	<b>200 Free</b>	<b>500 Free</b>	<b>1000 Free</b>	<b>1650 Free</b>	<b>100 Back</b>	<b>200 Back</b>	<b>100 Breast</b>	<b>200 Breast</b>	<b>100 Fly</b>	<b>200 Fly</b>	<b>200 IM</b>	<b>400 IM</b>		
CIML Metro Conference Championship 20Jan-21-17	25.11									1:18.14						
RAILS at East Dec-15-16										1:22.83						
RAILS against Carroll Boys 2016_17 Dec-13-16										1:21.89						
<b>Whitlatch, Spencer</b>	<b>50 Free</b>	<b>100 Free</b>	<b>200 Free</b>	<b>500 Free</b>	<b>1000 Free</b>	<b>1650 Free</b>	<b>100 Back</b>	<b>200 Back</b>	<b>100 Breast</b>	<b>200 Breast</b>	<b>100 Fly</b>	<b>200 Fly</b>	<b>200 IM</b>	<b>400 IM</b>		
RAILS against Valley Boys 2016_17 Nov-22-16		1:03.96										1:12.65				
<b>Wood, Kaylee</b>	<b>50 Free</b>	<b>100 Free</b>	<b>200 Free</b>	<b>500 Free</b>	<b>1000 Free</b>	<b>1650 Free</b>	<b>100 Back</b>	<b>200 Back</b>	<b>100 Breast</b>	<b>200 Breast</b>	<b>100 Fly</b>	<b>200 Fly</b>	<b>200 IM</b>	<b>400 IM</b>		
Gray vs Gold Rematch Feb-16-17	28.95															
SDMS Battle of the Ages Winter 2016_17Jan-24-17	33.71									1:48.22						
SDMS Masters Distance Meet Dec-12-16			2:50.87							3:56.24						
LHS MS Girls against North MS Girls Nov-07-16	34.77															
<b>Worth, Cooper</b>	<b>50 Free</b>	<b>100 Free</b>	<b>200 Free</b>	<b>500 Free</b>	<b>1000 Free</b>	<b>1650 Free</b>	<b>100 Back</b>	<b>200 Back</b>	<b>100 Breast</b>	<b>200 Breast</b>	<b>100 Fly</b>	<b>200 Fly</b>	<b>200 IM</b>	<b>400 IM</b>		
2017 IHSAA District Swimming-IndianolaFeb-04-17											54.49		2:04.00			
CIML Metro Conference Championship 20Jan-21-17											56.76		2:06.84			
RAILS against Roosevelt_2016-17 Boys Jan-19-17											57.58		2:07.97			
Indianola High School vs Lincoln High ScJan-10-17											59.97		2:13.84			
RAILS at East Dec-15-16		54.78											2:18.80			
RAILS against Carroll Boys 2016_17 Dec-13-16	24.68										1:01.61					

