



**SDMS**  
SOUTH DES MOINES SEAHAWKS

# ADVANCED & MS ELITE

## MORNING PRACTICE ROSTER

Class Roster		Mon	Tue	Wed	Thurs	Fri	Sat
Mallory	Albright	9:00 AM	9:00 AM	9:00 AM	9:00 AM	9:00 AM	
William	Bennett	9:00 AM	9:00 AM	9:00 AM	9:00 AM	9:00 AM	
Lauren	Benson	9:00 AM	9:00 AM	9:00 AM	9:00 AM	9:00 AM	
Ripley	Berg	9:00 AM	9:00 AM	9:00 AM	9:00 AM	9:00 AM	
Emma	Chase	9:00 AM	9:00 AM	9:00 AM	9:00 AM	9:00 AM	
William	Chase	9:00 AM	9:00 AM	9:00 AM	9:00 AM	9:00 AM	
Aubrey	Douds	9:00 AM	9:00 AM	9:00 AM	9:00 AM	9:00 AM	
Samantha	Douds	9:00 AM	9:00 AM	9:00 AM	9:00 AM	9:00 AM	
Joselyn	Dowling	9:00 AM	9:00 AM	9:00 AM	9:00 AM	9:00 AM	
Olivia	Feuling	9:00 AM	9:00 AM	9:00 AM	9:00 AM	9:00 AM	
Hannah	Groos	9:00 AM	9:00 AM	9:00 AM	9:00 AM	9:00 AM	
Henry	Groos	9:00 AM	9:00 AM	9:00 AM	9:00 AM	9:00 AM	
Matthew	Gudenkauf	9:00 AM	9:00 AM	9:00 AM	9:00 AM	9:00 AM	
Josie	Helm	9:00 AM	9:00 AM	9:00 AM	9:00 AM	9:00 AM	
Pj	Jones	9:00 AM	9:00 AM	9:00 AM	9:00 AM	9:00 AM	
Alec	Kessler	9:00 AM	9:00 AM	9:00 AM	9:00 AM	9:00 AM	
Keegan	Kraft	9:00 AM	9:00 AM	9:00 AM	9:00 AM	9:00 AM	
Torin	Lackmann	9:00 AM	9:00 AM	9:00 AM	9:00 AM	9:00 AM	
Katie	Liedke	9:00 AM	9:00 AM	9:00 AM	9:00 AM	9:00 AM	
Benjamin	Liedtke	9:00 AM	9:00 AM	9:00 AM	9:00 AM	9:00 AM	
Ashley	Liening	9:00 AM	9:00 AM	9:00 AM	9:00 AM	9:00 AM	
Paige	McCollough	9:00 AM	9:00 AM	9:00 AM	9:00 AM	9:00 AM	



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## MORNING PRACTICE ROSTER

Thomas	McPhee	9:00 AM	9:00 AM	9:00 AM	9:00 AM	9:00 AM
Courtney	Meyer	9:00 AM	9:00 AM	9:00 AM	9:00 AM	9:00 AM
Nathan	Porter	9:00 AM	9:00 AM	9:00 AM	9:00 AM	9:00 AM
Paola	Santiago	9:00 AM	9:00 AM	9:00 AM	9:00 AM	9:00 AM
Ellie	Sizemore	9:00 AM	9:00 AM	9:00 AM	9:00 AM	9:00 AM
Emma	Sizemore	9:00 AM	9:00 AM	9:00 AM	9:00 AM	9:00 AM
Shaun	Slycord	9:00 AM	9:00 AM	9:00 AM	9:00 AM	9:00 AM
Anika	Snow	9:00 AM	9:00 AM	9:00 AM	9:00 AM	9:00 AM
Derek	Webster	9:00 AM	9:00 AM	9:00 AM	9:00 AM	9:00 AM
Kennedy	Wendl	9:00 AM	9:00 AM	9:00 AM	9:00 AM	9:00 AM
Sydney	Whitlatch	9:00 AM	9:00 AM	9:00 AM	9:00 AM	9:00 AM