

**36<sup>th</sup> Annual Birdland Invitational**  
**Des Moines Swimming Federation**  
**June 14-16, 2019**  
**Birdland Pool (50 Meter)**  
**Age Group and Senior Open**

**ISI Sanction: IA-**

Held under the sanction of USA Swimming and Iowa Swimming, Inc. (ISI)

**Meet Host:** Des Moines Swimming Federation

**Rules:** Current USA Swimming and ISI technical and administrative rules will govern this meet.

**Dates:** Friday-Sunday, June 14-16, 2019

**TIME:**

		Morning	Afternoon	Evening
<b>Friday</b>	Warm-ups	---	1:30PM	---
	Competition	---	3:00PM	---
	Coach's Meeting	---	1:15PM	---
<b>Saturday</b>	Warm-ups	7:00AM	not before 11:30am	not before 4:00pm
	Competition	8:00AM	not before 12:30pm	not before 5:00pm
	Coach's Meeting	6:50AM (if needed)		
<b>Sunday</b>	Warm-ups	7:00AM	not before 11:30am	not before 3:30pm
	Competition	8:00AM	not before 12:30pm	not before 4:30pm
	Coach's Meeting	6:50AM (if needed)		

**All warm-up sessions for preliminaries and finals (morning and evening) will be unassigned, general warm-ups. Afternoon sessions will have assigned lanes.**

Teams will be notified via email by Tuesday, June 11 if warm-ups are to be split.

**SITE:**

Birdland Park Swimming Pool, 300 Holcomb Ave., Des Moines, IA 50313

**Athletes should be dropped off at the West entrance located off of 6<sup>th</sup> Avenue.**

**Facility:**

Outdoor 50-meter, 8 lanes, heated. Water depth 12' at starting end and 3'8" at turning end. Colorado timing system with touch pads and button back up system. Secondary timing of at least two manual watches per lane, (club reserves right to use one watch per lane).

The competition course has been certified in accordance with Rule 104.2.2C(4) of the USA Swimming Rules and Regulations. A copy of such certification is on file with USA Swimming.

**COACHES:**

Only currently registered USA Swimming coach members will be permitted on deck in designated areas. Each coach must sign the Coaches Meet Sign-In (App-29) and present a current USA Swimming coach membership card to the Referee or his or her designee to verify that all certifications are current and on file. Deck Pass is an acceptable proof of USA Swimming membership.

**WARM-UPS:**

The ISI mandatory warm-up procedure will be followed. Athlete must safely enter the water in a feet first manner. The pool will be cleared 10 minutes prior to competition.

All swimmers must be under the supervision of a USA Swimming member coach during warm-up, competition and warm-down. Any swimmer without a coach shall report to the Referee prior to his or her warm-up. The Referee will assist the swimmer in making arrangements for such supervision, but it is the swimmer's responsibility to ensure such arrangements are made prior to the start of the meet.

**RACING STARTS:**

All swimmers entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

**ENTRY REQUIREMENTS:**

1. Swimmers must be currently registered (2019) as an athlete member of USA Swimming in order to compete
2. Swimmers entered exclusively in Timed Final events may enter up to four individual events per day. All other swimmers may enter no more than three individual events per day. Only one relay entry per day will be allowed.
3. Seed times must be submitted for a 50 meter course. Converted times are not allowed. NT will be accepted.

**ENTRY SUBMISSION:**

1. Individual events: \$7.50 per event
2. Relays: \$12.00 per relay
3. ISI Swimmer surcharge: \$5.00 per swimmer
4. USA Swimming Outreach Member: \$5.00
5. Program surcharge: \$4.00
6. Handwritten entries: \$2.00 per swimmer

Electronic entries must be submitted in a format compatible with HY-TEK Meet Manager software. Handwritten entries must be submitted on the ISI Meet Entry Form (APP-7).

Submit entries along with the appropriate ISI Financial Sheet (APP-8.1). If submitting electronic entries, also send a hardcopy of the entries with the entry fees and financial sheet.

Payment shall be by check made payable to *Des Moines Swimming Federation*. All entry fees, including ISI swimmer surcharge fee, should be combined on one check. The host club reserves the right to require payment by money order or cashier's check. Entry fees are non-refundable; ISI swimmer surcharge fees will be refunded only if the entire meet is cancelled.

**ENTRY DATES AND DEADLINES:**

1. Entries will be accepted from teams in the Iowa LSC and the following teams from outside the LSC: CBSC - MW, BLA - MN, WOLF, MN beginning on May 18, 2019 at 10:00am.
2. Entries will be accepted from all teams beginning May 25, 2019 at 10:00am.
3. Electronic entries must be received no later than Sunday, June 9 at 12:00pm.
4. Handwritten entries, along with entry fees and financial sheet, must be received by Friday June 7, 2019. Handwritten entries will not be considered entered into the meet until full payment is received.
5. Once a team's entries have been accepted by the meet host, that team is considered entered into the meet. The host team is not permitted to rescind a team's entries once the team is entered into the meet. Changes or scratches in a team's entries prior to the meet deadline do not relieve the team of the responsibility to pay for confirmed entries.
6. Once entries are accepted, only time updates will be allowed for teams with electronic entries. No time updates will be accepted for handwritten entries. Any additions/substitutions must be made via email to the Entry Chair prior to the deadline.
7. A hardcopy of the entries, along with the entry fees and financial sheet, must be received by Tuesday June 11, 2019 unless prior arrangements have been made in writing. *Failure to meet this deadline will result in swimmers remaining in the meet but all confirmed entries will be billed at the late entry fee.* Any unpaid balance remaining at the start of competition will be assessed an additional 10% late fee
8. Entries will be confirmed via a return email. .
9. Entries will not be accepted by fax or phone.

**SEND ENTRIES TO:**

Send electronic entries and print materials to:

Greg Temple  
1908 NW Sunset Lane  
Grimes, IA 50111  
[Gregory.temple@gmail.com](mailto:Gregory.temple@gmail.com)

All electronic entries will be confirmed via return email.

**LATE ENTRIES:**

1. Provided space is available, late entries will be accepted via email up to Thursday, June 13 at 6:00pm. After that time, they will only be accepted on deck up to the beginning of warm ups.
2. Only swimmers already entered in the meet that have not reached their session limit will be able to late enter after Thursday, June 13.
3. If the meet program has not been printed, swimmers shall be seeded into the meet, but will still be charged the late entry fee. If the meet program has been printed, swimmers shall be assigned to an empty lane. No heats will be added.

**LATE ENTRY FEES:**

1. Individual events: \$10.00 per event
2. Relays: \$16.00

For questions regarding late entries or to find out if entries are being accepted, contact Greg Temple at [gregory.temple@gmail.com](mailto:gregory.temple@gmail.com).

**SWIMMERS WITH DISABILITIES:**

Swimmers with disabilities are encouraged to compete. The Information Form for Adapted Competitive Swimmers (APP-21) indicating limitations and requested modifications should be completed and attached to the meet entries. Modifications will be determined by the Referee. The swimmer (or swimmer's coach) is responsible for providing any equipment or assistants required. See Article 105 of USA Swimming Rules and Regulations.

**MEET DIRECTOR:**

Greg Temple  
coachgreg@desmoinesswim.org  
515-556-9729

**REFEREE:**

Julie Slater  
julslater@hotmail.com  
515-321-4816

**OFFICIALS:**

DMSF welcomes any visiting USA Swimming officials who would like to officiate at this meet. If you are able to officiate please contact Julie Slater.

**MEET COMMITTEE:**

The committee shall serve as the meet jury to consider any administrative protests filed at the meet. Protests against judgment decisions can only be considered by the Referee and the Referee's decision is final. The committee shall act as a review section in case of an emergency hearing.

**MEET OPERATION:**

1. Events will be pre-seeded except when positive check in is required.
2. Positive check-in is required for the 400 IM, 400 Free (14&U), 800 Free, and 1500 Free. Positive check-in deadline for the 400 IM, 400 Free (14&U), and 800 Free is Friday, June 14 at 2:30 PM. Positive check-in deadline for 1500 Free is Sunday, June 16 at 8:30 AM. Swimmers who fail to check in by the deadline will be down seeded to the slowest heat.
3. Swimmers in all events shall report directly to the starting blocks. Swimmers will not be checked in by a Clerk of Course.
4. Events may be combined to facilitate meet operation and separated for results and scoring.
5. All 400 IM, 800 Free, 400 Free (only 14&U) and 1500 Free will be swam fastest to slowest, alternating women and men.
6. If names for relay events are included in entries, those names will be on the relay cards at the meet.
7. The host is not responsible for providing rest for swimmers between events. If a swimmer has less than 10 minutes between swims, the swimmer (or swimmer's coach) should inform the Referee.
8. The top 16 swimmers from the prelim session will qualify for the consolation final and the final heat for the 13-14 and senior divisions.
9. All relays will be swum during the preliminary sessions.
10. For the Open 50 fly, 50 back, and 50 breast, only the top 8 will advance to finals.
11. The Open 50 fly, 50 back, and 50 breast will be swum as follows in consecutive heats.
  - Girls "A" final
  - Boys "A" final
  - Girls (top 4)
  - Boys (top 4)
  - Girls (top 2)
  - Boys (top 2)
12. Athletes entered in the 1500 freestyle must supply their own timer and counter.
13. Meet host has the right to add additional heats to the limited entry events if time permits.
14. Deck changing is prohibited.

15. Deck Pass is an acceptable proof of USA Swimming membership. Coaches, officials, and volunteers must produce proof of membership immediately upon the request of the Referee or his/her delegate.
16. Operation of a drone, or any other flying apparatus, is prohibited over the pools, athlete/coach areas, spectator areas any time athletes, coaches, officials, and/or spectators are present.
17. Swimmers ages ten years and younger shall no compete while wearing "tech" suits, even when competing in Senior of Open events or time trials. A list of suits that are considered "tech" suits is posted on the ISI Website.

**LIMITED ENTRY EVENTS:**

1. The 400 IM and 14 and Under 400 Free will be limited to the fastest 48 males and 48 females. If less than 48 athletes from one gender enter the event, those slots can be filled by the opposite gender.
2. The senior 800 freestyle will be limited to the fastest 32 males and 32 females. . If less than 32 athletes from one gender enter the event, those slots can be filled by the opposite gender.
3. The senior 1500 freestyle will be limited to the fastest 16 males and 16 females. If less than 16 athletes from one gender enter the event, those slots can be filled by the opposite gender.
4. NT athletes for the 400 IM (Senior, 13-14, 11-12), 800 Free (Senior), 400 Free (13-14, 11-12, 10 and Under) and 1500 Free (Senior) will be selected by the meet host.
5. The host team reserves the right to select its own members first when filling NT slots.
6. Verification of position in the 400 IM (Senior, 13-14, 11-12), 800 Free (Senior), 400 Free (13-14, 11-12, 10 and Under) may be done by calling the entry chairperson after June 11, 2019 after 12:00pm.
7. Alternate events can be substituted for swimmers failing to make the cut in these events. Refunds will not be given if athlete does not elect to swim another event.

**SCORING:**

None

**AWARDS:**

Awards will only be given to 12 and Under age groups.

1. Individual Awards: Ribbons will be given to 1<sup>st</sup> through 8<sup>th</sup> place finishers.
2. Relay Awards: Ribbons will be given to the top 3 relay finishers.

**SCRATCHES:**

ISI scratch rule is in effect for the Timed Final sessions. ISI scratch rule is in effect for ALL RELAYS. ISI scratch rule is in effect for the Prelim/Final events with the exception that **(1) A swimmer qualifying for a consolation final or final race will have 30 minutes after the announcement of the qualifiers for that final race in which to scratch; thus the declaration of intent to scratch is not in effect. If a swimmer qualifies for a consolation final or final race and fails to compete, he/she will be barred from their next individual event. In the event that an athlete does not show for his/her final swim of the meet, a fine of \$25 will be assessed to the athlete. Fines can be paid by check and sent to the entry chair.**

Preliminary No Shows will not be penalized but will count towards an athlete's daily total.

**USA SWIMMING REGISTRATION:**

No USA Swimming registrations will be accepted at the meet. Any swimmer who is not a currently registered athlete member at the time of pre-meet reconciliation must ensure that ISI has received the appropriate application and fees at least 24 hours prior to the start of competition. Failure to do so will result in the swimmer's entries being scratched and the swimmer barred from entering the pool.

**CAMERAS:**

USE OF AUDIO OR VISUAL RECORDING DEVICES, INCLUDING CELL PHONES, IS NOT PERMITTED AT ANY TIME IN CHANGING AREAS, RESTROOMS, OR LOCKER ROOMS.

**NO SMOKING OR TOBACCO PRODUCTS:**

Smoking and the use of any tobacco products will not be permitted in the pool area.

**IMAGE AUTHORIZATION:**

All participants agree to be filmed and photographed by the official photographer(s) and network(s) of ISI and the Des Moines Swimming Federation under the conditions authored by DMSF, and allow event organizers the right to use names, pictures, likenesses, and biographical information before, during or after the meet to promote competitive swimming. All participants agree not to use awards received in this competition for the purpose of trade or financial gain.

**ADDITIONAL INFORMATION:**

- Programs. Programs will not be available at the meet. All heat sheets will be posted on the DMSF website (<http://www.desmoinesswim.org>). They will also be posted to the Meet Mobile app.
- Results. Electronic results will be provided to all ISI teams and any non-ISI team participating in the meet. Final Results will be posted on the ISI website.
- Concessions. Limited concessions will be available through an outside vendor. DMSF encourages participants to bring their own food and drink.
- Swim apparel/merchandise. Splash Multisports will be onsite selling apparel and swim gear.
- Spectator information. No admission for spectators.
- Parking: Spectators are asked to park on the West and North sides of the facility. The East side lot is for meet management only.

**INDEMNITY:**

In granting the sanction for this meet, it is understood and agreed that USA Swimming and ISI shall be free and held harmless from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

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**IOWA SWIMMING, INC. SANCTION # IA-**  
**JUNE 14-16, 2019**

**SESSION 1**  
**Friday, June 14, 2019**

Session 1						
Warm Ups - 1:30pm				Competition - 3:00pm		
Girls Event #		Age Group	Distance	Event		Boys Event #
1TF		11-12	200m	Fly		2TF
3TF		11 and Over	400m	IM		4TF
5TF		10 and Under	200m	IM		6TF
7TF		11 and Over	800m	Free		8TF
9TF		14 and Under	400m	Free		10TF
Positive check-in required for the 400IM, 800 free and 400 free by 2:30pm						

**SESSION 2**  
**Saturday Morning, June 15, 2019**

Session 2						
Warm Ups - 7:00am				Competition - 8:00am		
Girls Event #		Age Group	Distance	Event		Boys Event #
11P		Open	400m	Free		12P
13P		Open	50m	Fly		14P
15P		Open	200m	Backstroke		16P
17P		13-14	100m	Free		18P
19P		Open	100m	Free		20P
21P		13-14	100m	Breaststroke		22P
23P		Open	100m	Breaststroke		24P
25P		Open	200m	Fly		26P
27P		Open	50	Backstroke		28P
29P		13-14	200m	IM		30P
31P		Open	200m	IM		32P
33TF		Open	400m	Free Relay		34TF

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**SESSION 3**  
**Saturday Afternoon, June 15, 2019**

Session 3						
Warm Ups - not before 11:30am				Competition - not before 12:30pm		
Girls Event #		Age Group	Distance	Event		Boys Event #
35TF		11-12	200m	Backstroke		36TF
37TF		8 and Under	50m	Free		38TF
39TF		10 and Under	50m	Free		40TF
41TF		11-12	50m	Free		42TF
43TF		10 and Under	100m	Breaststroke		44TF
45TF		11-12	100m	Breaststroke		46TF
47TF		8 and Under	50m	Backstroke		48TF
49TF		10 and Under	50m	Backstroke		50TF
51TF		11-12	50m	Backstroke		52TF
53TF		10 and Under	100m	Fly		54TF
55TF		11-12	100m	Fly		56TF
57TF		10 and Under	200m	Free		58TF
59TF		11-12	200m	Free		60TF
5 Minute Break						
61TF		12 and Under	200m	Free Relay		62TF
5 Minute Break						
63TF		11-12	200m	IM		64TF



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**SESSION 4**  
**Saturday Evening Finals, June 15, 2019**

Session 4						
Warm Ups - not before 4:30pm				Competition - not before 5:30pm		
Girls Event #		Age Group	Distance	Event		Boys Event #
11F		Open	400m	Free		12F
13F		Open	50m	Fly		14F
15F		Open	200m	Backstroke		16F
17F		13-14	100m	Free		18F
19F		Open	100m	Free		20F
21F		13-14	100m	Breaststroke		22F
23F		Open	100m	Breaststroke		24F
25F		Open	200m	Fly		26F
27F		Open	50	Backstroke		28F
29F		13-14	200m	IM		30F
31F		Open	200m	IM		32F

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**SESSION 5**  
**Sunday Morning, June 16, 2019**

Session 5						
Warm Ups - 7:00am				Competition - 8:00am		
Girls Event #		Age Group	Distance	Event		Boys Event #
65P		13-14	100m	Fly		66P
67P		Open	100m	Fly		68P
69P		Open	50m	Breaststroke		70P
71P		13-14	200m	Free		72P
73P		Open	200m	Free		74P
75P		13-14	100m	Backstroke		76P
77P		Open	100m	Backstroke		78P
79P		Open	200m	Breaststroke		80P
81P		13-14	50m	Free		82P
83P		Open	50m	Free		84P
85TF		Open	400m	Medley Relay		86TF
87TF		Open	1500m	Free		88TF
Positive check-in for the 1500 free is required by 8:30am						

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**SESSION 6**  
**Sunday Afternoon, June 16, 2019**

Session 6						
Warm Ups - not before 11:30am			Competition - not before 12:30pm			
Girls Event #		Age Group	Distance	Event		Boys Event #
89TF		11-12	200m	Breaststroke		90TF
91TF		8 and Under	100m	Free		92TF
93TF		10 and Under	100m	Free		94TF
95TF		11-12	100m	Free		96TF
97TF		8 and Under	50m	Breaststroke		98TF
99TF		10 and Under	50m	Breaststroke		100TF
101TF		11-12	50m	Breaststroke		102TF
103TF		10 and Under	100m	Backstroke		104TF
105TF		11-12	100m	Backstroke		106TF
107TF		8 and Under	50m	Fly		108TF
109TF		10 and Under	50m	Fly		110TF
111TF		11-12	50m	Fly		112TF
5 Minute Break						
113TF		12 and Under	200m	Medley Relay		114TF

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**SESSION 7**  
**Sunday Evening, June 16, 2019**

Session 7						
Warm Ups - not before 4:30pm				Competition - not before 5:30pm		
Girls Event #		Age Group	Distance	Event		Boys Event #
65F		13-14	100m	Fly		66F
67F		Open	100m	Fly		68F
69F		Open	50m	Breaststroke		70F
71F		13-14	200m	Free		72F
73F		Open	200m	Free		74F
75F		13-14	100m	Backstroke		76F
77F		Open	100m	Backstroke		78F
79F		Open	200m	Breaststroke		80F
81F		13-14	50m	Free		82F
83F		Open	50m	Free		84F

APP-8.1  
FINANCIAL SHEET - TIMED FINALS

MEET NAME: \_\_DMSF Birdland Invitational\_\_\_\_\_ DATE: JUNE 14-16, 2019

TEAM NAME: \_\_\_\_\_ CODE: \_\_\_\_\_

COACHES ATTENDING MEET:

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ENTRY CONTACT: Greg Temple

ADDRESS: 1908 NW Sunset Lane, Grimes, IA 50111

PHONE: (515) 556-9729 EMAIL: gregory.temple@gmail.com

ENTRY FEES	NUMBER	FEE	TOTAL \$
INDIVIDUAL ENTRIES		\$7.50	
RELAY ENTRIES		\$12.00	
SWIMMERS (Splash Fee)		\$5.00	
Athlete Program Fee		\$4.00	
TOTAL FEES			
MAKE CHECK PAYABLE TO: DMSF			

\* FINAL RESULTS – Final results will be provided in electronic format & available on the ISI website.